Join us for a series of facilitated, online, participant-driven discussions in small groups to explore key concepts from Anna's new book - 'On your marks, get set... I FAD!'

Workshop real-life examples to learn how to apply your favourite methods, tools and tips from the book and gain new insights from your facilitator whilst networking with a diverse group of experienced and aspiring leaders from a variety of organisations.



GROUP

Introductory session

Meet your fellow Groupies and set up for success. Learn how the Book Group works.

1 5hrs

SOLO

Reflect on your reading

Capture your insights, questions and comments using the reflection questions provided, and bring them to the next group discussion.

SOLO

Act on your insights

Experiment implementing your key idea. Capture wins and challenges for discussion at the next group session.



Read a section of the book

Read the specified section of the book within the agreed timeframe.

Details will be provided in the introductory session.



Join a facilitated session to share and discuss your ideas. Deep-dive into key ideas identified by the group. Distill into your own key idea for implementation. 1.25hrs.

Then repeat Stages 2-5 for three more rounds to complete the book.

This is an 8-12 week program, with 5 facilitated group sessions. Each group session occurs every 2-3 weeks. You will benefit from working in a diverse small group with a master facilitator. The program includes the book and additional resources to boost your learning and support you to implement new practices.

Please note: The program requires a min 6 people to run. Maximum group size 8 people.

