

On your marks, get set... LEAD! A beginner's guide to people leadership

DEVELOPMENT PLAN						
NAME:				DATE:		
DEVELOPMENT PRIORITY:						
ACTIONS:						
Step	Trigger	Old Behaviour (Stop)	New Behaviour (Start)	When is This New Behaviour a Habit?	Check-in: Dates and Progress (see key below)	
1.	Wheninstead of ...	I will ...	It's a habit when...	Date:	Progress

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2.	When...	...instead of...	I will ...	It's a habit when...	Date:	Progress
3.	When...	...instead of ...	I will ...	It's a habit when...	Date:	Progress
4.	When...	... instead of...	I will ...	It's a habit when...	Date:	Progress

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5.	Wheninstead of ...	I will ...	It's a habit when...	Date:	Progress
6.	When instead of...	I will ...	It's a habit when...	Date:	Progress
<p>Habit Progress Key:</p> <ol style="list-style-type: none"> 1. I don't know about it so I don't do it. 2. I don't do it much yet, but I know when I'm not doing it. 3. I'm doing it more, but I have to think about it. 4. I'm doing it most of the time and I don't even have to think about it – it's automatic. 			<p>FINAL STEP: Measure success in achieving your development priority</p> <p>Now that you've implemented these habits, is there anything else you need to do to really nail this?</p>			